



Maidir leis an gceantar

Siúlóid réidh ar bhóithre foraoise agus feadh Shlí na Bearú is ea Siúlóid Conair Loc Chlais Ghainimh agus tá radhairc iontacha le feiceáil ó Loc Chlais Ghainimh agus ón mBearú. Is trí sheanchoill atá cuid mhaith den tsíúlóid, áit a bhfuil crainn ag fás ón naoú haois déag i leith. Is éard is ciall le Clais Ghainimh i mBearla ná 'the sandy river trench'. Cosán foraoise cúlraideach is ea an chonair seo agus tá roinnt sainchomharthaí le feiceáil feadh na slí, carraig Aifrinn san áireamh. De réir sheanchas an cheantair, bhailíodh daoine ag an gcarraig seo san am a chuaigh thart chun an tAifreann a rá. In Éirinn, is gnách carraigeacha Aifrinn a shamhlú le tréimhse na bPéindlíthe (1695-1829), nuair a bhí cosc ar dhaoine an Caitliceachas a chleachtadh. Ní raibh cead ag daoine teacht le chéile san eaglais nó sa séipéal agus mar sin bhuaillís le chéile in áiteanna a bhí áitiúil ach rúnda freisin.

Tiocfaidh an siúlóir ar bhruacha na Bearú freisin agus ar an bhfiadhúra a bhaineann leo, an cruídín, an chorr éisc agus cineálacha éagsúla flóra agus fána dúchasach san áireamh. Bhain na lonnaitheoirí ba luaithe in Éirinn úsáid as an mBearú chun taisteal i bhfad ón gcósta go dtí lár na tíre. Cuirtear tréimhse ní ba ghnóthaí ar an abhainn i gcumhne dúinn nuair a fheicimid na canálacha, na loic agus teachíní na coimeádaithe loic ag Clais Ghainimh agus ag Baile Uí Chianáin. Ba é an coimeádáil loic a d'áiríodh na loic agus a bhailíodh doláir ó na báirsí a thaistealaíodh suas agus anuas an abhainn, agus earraí agus gráin de gach cineál á dtarraingt orthu. Gnólacht faising agus tábhachtach ab ea Muileann Chlais Ghainimh, atá in aice láimhe, tráth dá raibh agus mheiltí arbhar agus coirce ann don iliomad feirmeoirí sa cheantar.



About the area

Clashganny Lock Loop offers the user a gentle walk on forest roads and along the Barrow Way with magnificent views of Clashganny Lock and the River Barrow. Much of the walk is through an old wood and has had forestry cover present since the 1800s. The name Clashganny called Clashganna comes from the Irish, Clais Ghainimh – meaning here 'the sandy river trench'. The trail is on a secluded forest path with some historic land marks including a mass rock. There is a local tradition that people gathered at this rock to say mass in the past. Mass rocks in Ireland are usually associated with the period of the Penal Laws (1695-1829) when the practice of Catholicism was banned. People could not gather in a church or chapel but rather met up at locally accessible but secretive sites.

The walker will also encounter the banks of the River Barrow and associated wildlife including kingfishers, herons and various types of native flora and fauna. The River Barrow was used by the earliest settlers in Ireland to travel in from the coast deep into the midlands. Clashganny and Ballykeenan canals, locks and keepers cottages along the trail are a reminder of a busier time on the river. The lock keeper operated the locks and collected toll fees as the barges travelled up and down river, hauling all manners of goods and grain. The nearby Clashganny mill was once an extensive and important business, milling corn and oats for the many farmers in the area.

Tús na Siúlóide: Carrchlós Chlais Ghainimh
Seirbhísí: Leithris; bialann in aice láimhe, An Bhuiríos 4km
Achar/Am: 4km/1½ uair an chloig
Deacracht: Éasca
Cur síos ar an ngrad: Go ginearálta rian cothrom le dromchla réidh agus roinnt fánaí séimhe nó céimeanna éadomhain. De ghnáth bíonn an rian seo oiriúnach do ghrúpaí teaghlach lena n-áirítear leanaí agus daoine scothaosta. Is féidir gnáth-choisbheart lasmuigh a chaitheamh.
Madraí: Fáilte roimh madraí má choimeádtar ar iall iad i gcónaí
Ard: 50 metres
Tír-raon réidh: Bóthar, cosán, cosán tarraingthe cois abhainn
Oiriúnach do: Shiúlóirí ar bheagán taithí agus ar mhórán taithí, níl ach cuid di oiriúnach do bhugaíthe, ní mór an-aire a thabhairt do pháistí gar d'uisce domhain agus d'mill chrochta ar na cosáin.
Cineál conaire: Siúlóid lúibe áitiúil – marcáilte le saigheada glasa
Seirbhísí Éigeandála: 999 nó 112

Trailhead: Clashganny car park
Services: Toilets; nearby restaurant, Borris 4km
Distance/Time: 4km/1½ hours
Difficulty: Easy
Definition of grade: Generally flat trail with a smooth surface and some gentle slopes or shallow steps. This trail is generally suitable for family groups including children and the elderly. Normal outdoor footwear can be worn.
Dogs: Dogs allowed if kept on a leash at all times.
Ascent: 50 metres
Terrain: Road, track, river towpath
To suit: Beginner or experienced walkers, only suitable for buggies in part, special care to be taken of children near deep water and steep track edges.
Minimum gear: Hiking boots, rain gear, fluids, snacks and mobile phone.
Type of trail: Local looped walk – marked with green arrows
Emergency Services: 999 or 112

Treoracha siúlóide

- A-B** Taispeántar an tslí ar an tsíúlóid seo le saigheada glasa. Siúil ón garrchlós ag Loc Chlais Ghainimh i dtreo na Bearú agus coinnigh ar chlé, ag leanúint na habhann leis an sruth. Tá an seanchosán tarraingthe ar a bhfuil tú ag siúl leathan agus éasca le leanúint agus tá sé marcáilte le saigheada glasa (an tsíúlóid seo) agus buí (Slí na Bearú) araon. Tar éis achar gearr, lean an chanáil go dtí go sroicfidh tú Loc Bhaile Uí Chianáin.
- B-C** Go gairid ina dhiaidh seo, lean an tsaighead ghlas agus cas ar chlé ag an gcor géar, ag dul suas an cnoc ar bhóthar foraoise. Tar éis 50m, lean an tsaighead ghlas agus cas ar chlé arís ar an gcosán foraoise cúng. Ar an gcosán foraoise aoibhinn seo, atá garbh in áiteanna, siúlfaidh tú trí choillearnach dhuillsilteach agus gheobhaidh tú spleáchadh ar an abhainn thíos fút ó am go chéile. Siúlfaidh tú feadh líne chomhthreomhar suas an abhainn agus, gar don chríoch, rachaidh tú síos thar sheancharraig Aifrinn nua mbainfidh tú amach an bóthar tarmac thíos fút.
- C-A** Cas ar chlé agus siúil an t-achar gearr ar ais go dtí an carrchlós.

Walk directions

- A-B** This walk is signposted by green arrows. Walk from the Clashganny Lock car park towards the Barrow river and keep left, following the river downstream. The old towpath that you are following is wide and easy to follow and is marked by both green (this walk) and yellow (Barrow Way) arrows. After a short distance, follow the canal until you reach Ballykeenan lock.
- B-C** Shortly after this, follow the green arrow and take a sharp left back uphill on a forest road. After 50m follow the green arrow to turn left again onto the narrow forest track. This delightful forest path, rugged in places, runs through deciduous woodland with glimpses to the river below. It will take you on a parallel line back upriver, near the end the path descends by an old mass rock and joins the tarmac road below.
- C-A** Turn left to return the short distance to the car park.

Tá sé éasca eitric 'Ná Fág Aon Lorg' a leanúint. Déan deacair é do dhaoine eile thú a fheiceáil nó a chloisteáil agus ná fág aon lorg i do dhiaidh.
 Practising a 'Leave no Trace' ethic is very simple. Make it hard for others to see or hear you and leave no trace of your visit.

Prionsabail

- Déan réamhphleanáil agus ullmhaigh
- Smaoinigh ar dhaoine eile
- Bladh meas agat ar ainmhithe feirme agus aran bhfiadhúra
- Taistil agus campáil ar thalamh daingeon
- Fág rud ar bith a fhaigheann tú
- Faigh réidh le dramhaíl mar is ceart
- Damáiste ó thine a laghdú

Principles

- Plan ahead and prepare
- Be considerate of others
- Respect farm animals and wildlife
- Travel and camp on durable ground
- Leave what you find
- Dispose of waste properly
- Minimise the effects of fire

TÚS/DEIREADH START/FINISH

Tá tú anseo You are here

Landmarks and Locations: Cnoc an Bharúnaigh Knockbarron, Droichead Chlais Ghainimh Clashganny Bridge, Suíomh Mhuileann Chlais Ghainimh Clashganny Mill Site, Cora Weir, Oileán Réamain Redmond's Island, Carrraig Aifrinn Mass Rock, Clais Ghainimh Clashganny, Barr na bhFeadáin Barnaviddaun, Caisleán Clohastia Clohastia Castle, Caisleán nó Cora Clohastia Clohastia Castle or Weir, Cora Eascainne Uí Éideáin Hayden's Eel Weir, Loic Baile Uí Chianáin Ballykeenan Lock, Sruthán Páicheil Páicheil's Brook, Coill Jimmy Jimmy's Wood, Suíomh Mhuileann Páicheil Páicheil's Mill Site, Baile Uí Chianáin Ballykeenan, Crosbhóthar Chúil Chonmara Coolnamara Crossroads, Crosbhóthar na Sceach Skeagh Crossroads, Láthair Amhairc Chlais Ghainimh Clashganny Viewing Point, Toilets.

Roads: R729, R703

Directions: Go Buiríos To Borris, Go Baile Uí Mhurchú To Ballymurphy, Go Grág na Manach To Graiguenamanagh

Scale: 0, 200m, 400m

Legend:

- Siúlóid Scéimhe Scenic Walk
- Caisleán Castle
- Siúlóid Foraoise Forest Walk
- Loc Canála Canal Lock
- Limistéar Picnice Picnic Area
- Bialann/ Caifé Restaurant/Café
- Curachóireacht Canoeing
- Radharc Viewpoint
- Suíomh Oidhreachta Heritage Site