

Join us for carlow restaurant week

Oct 25th - Nov 2nd 2025

www.carlowtourism.com/restaurantweek



Live Cookery Demonstration with four Carlow chefs, hosted by Rachel Allen
Thursday, 23rd October 2025 at
The Seven Oaks Hotel and Leisure Club,
Athy Road, Carlow 8pm. Tickets €15 each. To book visit
www.carlowtourism.com/rachelallen

Saturday, October 25th

CARLOW FARMERS MARKET HALLOWEEN EVENT

FREE
EVENT



The Carlow Exchange,
Potato Market, Carlow R93 VX84
NO PRE-BOOKING REQUIRED
Time: 9.00am-2.00pm
www.carlowfarmersmarket.com

Celebrating 21 years of Carlow Farmers' Market. Bring along your carved pumpkins to win great prizes, enjoy scary face painting and sample delicious homemade pumpkin soup from Chef John of Granny's Kitchen. Costumes welcome.

Monday, October 27th

MEET THE MAKER DAY AT COPPENAGH HOUSE FARM



Coppengagh House Farm Shop,
Coppengagh, Tullow, Co. Carlow, R93 FD83
NO PRE-BOOKING REQUIRED
T: 087 342 1028
www.coppengaghfarm.ie

Enjoy tastings from Skillet & Spice's artisan blends, Clo & Ali's condiments, Coolattin Cheddar, Rose Cottage Honey and Malone's Fruit Farm. Sample Coppengagh's own Wagyu X beef, reared on the farm, and soak up live music from local musicians.

Sunday, October 26th

THE NOT-SO-HUMBLE POTATO DAY



The Goody Barrow Café and Museum,
Ballyellen, Goresbridge, Co. Carlow,
R95 W8FY **NO PRE-BOOKING REQUIRED**
T: 087 244 0551
Time: 9.30am - 3.30pm
www.goodybarrow.com

Celebrate Carlow as the birthplace of the Rooster Potato. Paula Leyden and her team will serve up imaginative dishes showcasing this much-loved variety, with a free recipe booklet full of tasty ideas to take home. Savour Rooster potato creations along side the Goody Barrow regular menu.

Supporting
the
Palestinian
Red
Crescent

Tuesday, October 28th

AFTERNOON TEA AND TALK WITH RACHEL IN RACHEL'S GARDEN CAFÉ



Arboretum Home and Garden Heaven,
Leighlinbridge, Co. Carlow, R93 P9F4
PRE-BOOKING REQUIRED
T: 059 972 1558 Price: €45 for 2
www.arboretum.ie Time: 3pm-5pm

Enjoy freshly baked scones with homemade preserves and cream, delicate finger sandwiches and a tempting selection of pastries, all served with tea or coffee. Rachel Doyle, shares tips on using herbs and seasonal vegetables in everyday cooking.

Wednesday, October 29th

GOURMET GHOULS: CARVE, COOK AND CREATE



Plum Tree Bistro, Woodford Dolmen Hotel, Kilkenny Road, Carlow, R93 N207
PRE-BOOKING ESSENTIAL VIA EVENTBRITE
Price: €20 + BOOKING FEE
T: 059 914 2002 **Time:** 2pm-4pm
www.eventbrite.ie/e/gourmet-ghouls-carve-cook-create-tickets-1674355244609

A hands-on pumpkin carving adventure. Each child gets their own pumpkin, safe tools and stencils, plus a fun lesson on how pumpkins grow and turn into delicious dishes.

Thursday, October 30th

SOURDOUGH BREAD, NATURAL WINES AND LOCAL CHEESE



Waterlilies, 133 Tullow Street, Carlow, R93 W586
Price: €45 +booking fee
Time: 5pm-9pm
www.eventbrite.ie/e/bread-wine-cheese-tickets-1781386618329

An evening of artisan indulgence. Guests can savour a selection of Carlow Farmhouse Cheeses with specially-selected biodynamic wines, alongside Waterlilies' renowned sourdough breads and seasonal ingredients.

MUSIC AND FLAVOURS AT TEACH DOLMAIN



Teach Dolmain, Tullow Street, Carlow, R93 NY70 **T:** 059 913 0911
Time: 8.00pm - 10.00pm
PRE-BOOKING RECOMMENDED VIA TELEPHONE

An evening of the county's finest food and music. Savour a specially curated Carlow menu featuring seasonal vegetables, hearty meats, fish and rich desserts. Enjoy live traditional Irish music performed by Carlow's talented musicians.

Friday, October 31st

BAR BRASSERIE TASTING MENU



The Step House Hotel, Main Street, Borris, Co. Carlow, R95 V2CR
T: 059 977 3209 www.stephousehotel.ie
Time: from 6.00pm
PRE-BOOKING RECOMMENDED

Head Chef Alan Foley, a passionate advocate for Carlow's rich food heritage, presents a menu inspired by the finest local producers and seasonal ingredients. Live traditional music.

Saturday, November 1st

BRIDGERTON-THEMED AFTERNOON TEA AT THE SEVEN OAKS



Seven Oaks Hotel and Leisure Club, Athy Road, Carlow, R93 V4K5 **T:** 059 913 1308
Price: €32.50 **Time:** 2.30pm-4.30pm
PRE-BOOKING REQUIRED VIA PHONE

Step into a Bridgerton-themed afternoon of elegance. Delight in delicate finger foods and decadent desserts by pastry chef Sinéad Hayden Kovacic, sip a signature Diamond of the Season Punch on arrival, and enjoy live classical music.

A TASTE OF OLD IRELAND AT REDDY'S



Reddy's Bar and Restaurant, 67 Tullow Street, Carlow R93 FN44
T: 059 914 2224 **Time:** 6.30pm - 9.00pm
Price: €2-course €32; 3-course €35
PRE-BOOKING RECOMMENDED

Celebrate Carlow Restaurant Week at Reddy's of Carlow with a special Irish dinner menu. Enjoy starters like Cream of Nettle Soup or Goats Cheese Tart, and mains including traditional Irish shank of lamb, pan-seared wild salmon, bacon and cabbage, or a vegetarian stir-fry. Sip Irish-themed cocktails and enjoy live Irish music after dinner.

Sunday, November 2nd

ric B Trio - JAZZ AT WATERLILIES



Waterlilies, Tullow Street, Carlow R93 W586
Price: €20+ booking fee www.waterlilies.ie
www.eventbrite.ie/e/ric-b-trio-tickets-1742231965709
PRE-BOOKING REQUIRED via EVENTBRITE

Welcoming the ric B Trio, featuring de Buitléir, Whyte and O'Donovan. Guests can relax and enjoy a sophisticated atmosphere, completed by biodynamic wines available for purchase, thoughtfully curated by co-owner Cian Waters.

PILATES AND BRUNCH



The Old Post Office, High Street, Bagenalstown, Co. Carlow R21 X611
Price: €20 **PRE-BOOKING REQUIRED**
<https://app.classfit.com/Studio/Elucidate>
Time: 8.00am - 10.00am

A rejuvenating morning of wellness and indulgence with Eleanor Tracey of Elucidate Studio. Featuring a 45-minute pilates class designed to improve core strength, flexibility and mindfulness, suitable for all levels. Following the session, a wholesome brunch buffet offers a selection of fresh, locally sourced dishes, including granola, açai bowls, pastries, savoury bites, fruits and hot drinks.

Join us for Carlow Restaurant Week, where local food and culinary talent shines! From October 25th to November 2nd, members of the Carlow Food Network will each feature a unique Carlow dish on their menu, celebrating the county's rich ingredients and flavours. Whether you're a foodie or just looking for a great meal, there's something for everyone.



Carlow Farmers Market

Potato Market, Carlow Town
Each Saturday, 9.00am - 2.00pm
www.carlowfarmersmarket.com

Wide variety of fresh fruit, vegetables, meats, cheeses, juices, jams, chutneys, free-range and farm fresh eggs and home baking.



Coppengagh House Farm Shop

Coppengagh, Tullow, Co Carlow, R93 FD83

T: 087 342 1028 www.coppengaghfarm.ie

Farm shop producing home reared Wagyu X beef, pork, bacon and honey. Selling a wide variety of local and Irish artisan foods.



Goodly Barrow Waterways Museum and Café

Ballyellen, Goresbridge, Co. Carlow, R95 W8FY

T: 087 244 0551 www.goodlybarrow.com Wed-Sun

Rooster Booster Soup: made with Rooster potatoes, scallions and roasted garlic, served with Goodly Soda bread.



New Moon Indian Restaurant

Church Street, Tullow, Co. Carlow, R93 F6PO

T: 059 918 0851 www.newmoontullow.ie

Chicken Tikka Masala served with Saag Aloo (spinach and Rooster potato) and Pilau Rice.



Rachel's Garden Café at Arboretum Home and Garden Heaven

Leighlinbridge, Co. Carlow, R93 P9F4

T: 059 972 1558 www.arboretum.ie

Rachel's Braised Beef Stew made with O'Hara's Stout served with Rooster potatoes.



Reddy's of Carlow

Tullow Street, Carlow, R93 FN44

T: 059 914 2224 www.reddyscarlow.ie

Slow cooked Sheehan's beef feather blade served with pearl onion gravy, Rooster potatoes and medley of seasonal honey roast vegetables.



Teach Dolmain

76 Tullow Street, Carlow, R93 NY70

T: 059 913 0911

Eight hour braised Carlow lamb shank served with local vegetables and Carlow Rooster potatoes.



T.D. Molloy's Restaurant at The Seven Oaks Hotel

Athy Road, Carlow, R93 V4K5

T: 059 913 1308 www.sevenoakshotel.com

Savoury beef and Carlow ale pie served with Carlow Rooster potatoes and vegetables.



Step House Hotel

Main Street, Borris, Co. Carlow, R95 V2CR

T: 059 977 3209 www.stephousehotel.ie Thurs-Sun

Slow cooked feather blade of Clonmore beef, carrot and cumin, mushroom gratin.



The Old Post Office

High Street, Bagenalstown, Co. Carlow, R21 X611

T: 059 912 2818 www.theoldpostofficecafe.ie

Potato breakfast stack featuring Carlow Rooster potatoes, Ballon free range eggs, cured streaky bacon and sausages.



Plum Tree Bistro at Woodford Dolmen Hotel

Kilkenny Road, Carlow, R93 N207

T: 059 914 2002 www.woodforddolmenhotel.ie

Carlow free range chicken supreme, with sautéed peas, broad beans, baby gem lettuce and smoked bacon in twice cooked chicken stock.

Sour apple pannacotta, honey and whiskey caramel and dehydrated apple.



Waterlilies

Tullow Street, Carlow, R93 W586 www.waterlilies.ie

Egg con tomate made with Ballon eggs, garlic and Gubbeen cheese served on house made sourdough and topped with scallion salsa and crème fraiche.

www.carlowtourism.com/carlow-food-network

